

1. Walk through lych-gate and continue ahead with church on your right.
2. Reaching a lane, turn left and keep straight ahead on track between trees.
3. Where track enters field, (see picture), keep ahead with hedge on your left.
4. Climb over the stile by the A420, turn right and then tight again into a lane.
5. In about 3 mins, turn left and enter the Nature Reserve through a gate.
6. Bear left and follow the path as it crosses a bridge and bears right with a hedge on your left.
7. The path bears slightly to the right and downhill, then curves up slightly left. Beware badger sets here. You will see a gate ahead. Turn left before the gate.
8. Go through a gate into a wood and follow the path, at first straight ahead and then curving gently down to the right through fallen branches to another gate.
9. Go through the gate and follow the path straight ahead and then to the right. You will have a fence and Tuckmill brook on your left. Keep straight ahead, ignoring a right turn.
10. Near its end the path bears right to a gate. Go through the gate and turn right.
11. Cross the golf course with care making for a bench by a telegraph pole.
12. The footpath follows the telegraph poles (but you might find it easier to use the golf-course path rejoining the telegraph pole as soon as you can).
13. Follow the poles past the club-house.
14. Reaching a lane, cross it and, using the stile or gate, go into a field.
15. Cross the field diagonally towards a hedge with the church behind.
16. Climb a stile, going round a big tree stump and keep on in the direction of the church to a bridge between two gates.
17. Cross the bridge and the next field bearing slightly left to a gate beside a fence and house.
18. Go through the gate to a road, turn right and continue to an alley behind and evergreen hedge.
19. Turn left at the end of the alley and so back to the church where the walk started.